

# Menu of Services





# Welcome to The West Spa

Over 100 years ago, a tradition of generous hospitality was started at the summer estate of Earl Oglebay. Today, Oglebay offers 2,000 acres of year-round recreational opportunities and excellent overnight accommodations amid its picturesque natural beauty. Enjoy the same great hospitality and service at The West Spa. Designed to renew and rejuvenate, our 5,000 sq. ft. sanctuary provides best-in-class services paired with the finest products and equipment.



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# Massage & Healing Therapy

### **The West Spa Experience**

Melt into deep relaxation with our unforgettable, exclusive massage which offers a combination of Swedish and deep tissue, a sampling of pink Himalayan salt stones, and a variety of techniques such as stretching and range of motion.

50 Min/80 Min

\$165/\$225

#### **Sticks and Stones**

This service is completely customized to your individual needs. Our talented massage therapists begin this treatment by warming the muscle tissues with our warm pink Himalayan salt stones, in preparation of more detailed deep tissue work with warmed bamboo sticks. With this heated therapy, this massage encourages improved range of motion and ultimately connects you with a feeling of sincere well-being.

80 Min

\$255

#### Warm Stone

This ancient art of healing uses warm pink Himalayan salt stones to bring relief to tense muscles and sore joints. During the massage, the minerals are absorbed through the skin. By slowly massaging with heat and smooth stones, your therapist is able to balance your energy with this melting effect.

50 Min/80 Min

\$180/\$220

#### **Deep Tissue**

This intense massage is recommended for physically active individuals with chronic pain and muscle fatigue. Deep pressure is used to restore structural alignment and balance by releasing chronic tension, while elongating the muscles.

#### 25 Min/50 Min/80 Min \$95/\$145/\$215



## **Simply Swedish**

Working with the body's soft tissue, this classic light touch massage is meant for the purpose of reducing stress, increasing circulation, and encouraging relaxation.

#### 25 Min/50 Min/80 Min \$85/\$135/\$195

#### **Blissful Balance Massage**

Melt away anxiety while enhancing sleep and boosting your immune system. This massage was designed to ground and center you with our spa-grade CBD oil, while pink Himalayan salt stones relax and balance your body.

#### 50 Min/80 Min 50 Min

## \$170/\$240

#### **Pregnancy Glow**

This prenatal massage involves a therapeutic technique designed specifically for the childbearing year. It is safe and effective for relieving the discomforts of pregnancy and promoting maternal and fetal well-being. This prenatal massage is only done in the second or third trimester.

#### 25 Min/50 Min

#### \$85/\$140

#### **Duo Design**

Whether with a loved one or bestie, enjoy a 50 or 80-minute massage side-by-side in our couple's room. Together, ease away the tension and stress of the day with your choice of our West Spa Experience, Deep Tissue or Simply Swedish massage.

\*\*Please note the additional charge per couple for the massage.

#### 50 Min/80 Min Additional \$20/\$40

#### **Teen Express Massage**

Exclusively for our teen clientele, relax and unwind with an upper body or targeted area massage.

#### 25 Min

\$85

# **Facial Treatments**

#### **Tailored for You**

Your individual skin type needs individual care. Begin this treatment by speaking with your aesthetician, who will customize your service to fit your needs. Afterward, your enriched complexion will be free from impurities from this one-of-a-kind facial.

#### 50 Min/80 Min

#### \$130/\$180

#### **Microdermabrasion**

Microdermabrasion is a specialized treatment that works quickly and effectively to:

- Rejuvenate sun damage
- Smooth fine lines & wrinkles
- Minimize scarring
- Shrink pore size
- Lighten hyperpigmentation

Combined with our organic skincare line, this collagen boosting facial reduces the signs of aging and provides you with a glowing complexion. Available for all skin types.

\*Inquire about our package pricing for microdermabrasion.

#### 50 Min

#### \$165

#### **Dermaplaning Facial**

Create a healthier, more radiant appearance to your skin! Using a manual exfoliation technique to remove the top epidermal layer, this facial increases collagen production, providing better absorption of your skincare products. This facial immediately diminishes the appearance of fine lines and wrinkles. It is a must have right before a big event or occasion!

\*Inquire about our package pricing for dermaplaning.

50 Min

\$165

# **Teen Facial**

Targeted to teens, this perfectly petite facial is ideal for addressing the most urgent of your skin's demands. This facial provides deep cleansing, exfoliation, and masque that will surely jumpstart your complexion on the path to healthy skin.

#### 25 Min

#### \$85

## **Booty Facial**

Yes, it's for real! This 30-minute body organic facial refreshes, cleanses, and conditions. This treatment helps stimulate the lymphatic system by removing dead cells from the skin's surface, purifying pores and leaving skin soft, conditioned and glowing. Using hot towels, steam, cleansers, and masks, this facial will eliminate toxins and increase blood circulation. Our skilled aesthetician gives your derriere the attention it deserves.

#### 30 min

\$90

### **Back Treatment**

This 50-minute session includes a thorough cleansing of your back with steam, and gentle exfoliation to remove dead skin cells. It includes a relaxing massage with a customized mask. This service addressess breakouts and acne.

#### 50 Min

\$110.00

# **Naturally Appeeling**

This collagen boosting facial reduces the signs of aging as wrinkles are reduced, fine lines are faded, and skin is firmed and plumped. Available for all skin types.

50 Min

\$145

# **Additional Services**

#### **Facial Enhancements**

- Dermaplaning \$75
- Paraffin add on \$20 for hands or feet
- Eye treatment \$25
- Lip treatment \$20

# **Waxing Services**

- Bikini \$45
- Bikini Extra \$55
- Brazilian \$75 and up

\*Inquire about our package pricing for intimate waxing!

# **Body Treatments**

# **Oglebay Signature Journey**

An exclusive journey designed to bring luxury to all areas of your body. This sophisticated treatment begins with a custom-tailored exfoliation paired with a rich envelopment of pure shea butter. While deeply relaxed in a warm cocoon, your scalp is massaged with the West Spa's signature aromatherapy blend. After a soothing rain shower, your expert therapist performs a full body rhythmic massage with warm pink Himalayan salt stones. Honor your mind and body as you emerge not only with perfect skin, but also in a state of absolute zen.

#### 110 Minutes

\$300

# **Volcanic Clay Purifying Body Wrap**

A full body exfoliation performed with sustainable volcanic rock and Bora Bora sand will leave your skin noticeably bright and refined, while the powerful purifying mask stimulates circulation and delivers mineral nutrients to the skin leaving it revitalized and refreshed.

#### 80 Min

#### \$225

### Seasonal Body Wrap

This organic, custom body blend treatment brings together the finest fruits, vegetables, herbs, and spices of the season to deliver the most potent and refreshing wrap. You will be exfoliated with our signature seasonal scrub, cocooned in a warm and encompassing wrap, and lathered in a hydrating luxury body cream.

#### 80 Min

\$215



## **Sol Gemstone Wrap Treatment**

Experience a journey through light and intention with this exquisite ritual. The Söl Gemstone Wrap uses skin therapy that activates a 'Sölful' radiance from within by beginning with an invigorating exfoliation using dry brushes to prepare the skin for treatment. The body is drenched in hydration while you relax in a warm cocoon and receive a face, neck and shoulder massage with oils that harness the power of citrine gemstones charged by the sun to awaken the mind and body. A full-body rhythmic massage concludes this once in a lifetime journey leaving you with skin that brilliantly shines.

#### 80 Min

#### \$225

### **Espresso Limon Slimming Wrap**

Slim, detoxify, and firm with this powerful blend of ancient dry brushing and espresso limon oils. A European dry exfoliation is performed fighting cellulite and leaving the skin smooth and impurity free. A warm application of potent oils is then applied to encourage rapid fat burning and cellulite metabolism while a scalp and neck massage is performed for absolute relaxation. Emerging refined and slenderized, a toning mist refreshes the body leaving you looking and feeling light and luminous.

#### 80 Min

\$215





# Mani/Pedi Treatments

# Ultimate Spa Mani/Pedi

80 Min

Manicure - \$80 Pedicure - \$120

## Healing Ritual Mani/Pedi

55 Min

Manicure - \$65 Pedicure - \$80

### **Classic Ritual Mani/Pedi**

55 Min	Manicure - \$50
	Pedicure - \$70

#### Soft Gel Mani/Pedi

45 Min

Manicure - \$60 Pedicure - \$90

## **Restorative Manicure**

45 Min

\$55

# Princess to Queen (Ages 8-13)

50 Min

\$70

# **Additional Services**

- French Polish \$15
- Gel Enhancement \$20
- Gel Removal \$20
- Polish Change \$15

<sup>t</sup>Add-on services only. Must be performed with a full nail service.

# West Spa Boutique

Take a bit of the spa home with you! Some of the product line carried in our boutique include:

- Farmhouse Fresh
- Eminence Organic Skin Care
- Coola
- Epicuren





# **About Your Visit**

#### **Reservations**

We highly recommend that you schedule your appointment at least four weeks in advance to secure the best selection of spa services. A credit card is required to hold your reservation.

#### Call 304-243-4130 to book your exquisite West Spa treatment.

#### Cancellations

Please notify us at least 24 hours prior to your scheduled appointment time to avoid a cancellation charge of 100% for services not rendered.

#### **Age Requirements**

We have a minimum age requirement of 16 for our teen massage and 18 for all other massages, healing therapy, and body treatments. Guests ages 15-18 are welcome to enjoy our facial treatments. Services performed on clients under the age of 18 require parental consent and an adult must remain present in the spa during the duration of the service.

#### **Special Considerations**

We ask that you notify us of any medical or physical conditions such as high blood pressure, heart conditions, allergies, skin conditions, or nail fungus, and consult with your physician prior to reserving you spa appointment. If you are expecting, please let us know which trimester you will be in at the time of your service.

#### **Time of Arrival**

It is very important to arrive at least 20 to 30 minutes prior to your appointment to allow ample time to relax and prepare for your spa service. Late arrivals will result in a modified treatment time as to not delay our other guests.

#### **Spa Attire**

Complimentary use of spa robes, slippers, and lockers are provided for all spa guests. Our professional staff is trained in proper and mandatory draping to ensure your modesty is never compromised. Our ladies' and gentleman's locker rooms are for adult use only.



### **Spa Etiquette**

For the peace and tranquility of our guests, we respectfully request that you turn off your cell phones while in the spa.

#### **Group Packages**

A spa specialist is available for your convenience to schedule you and your guests for a memorable day at The West Spa. Celebrate that special occasion as you relax and unwind while we take care of all the fine details. An automatic 22% service charge for groups of 4 or more.

#### Gratuities

A customary gratuity is not included in the price of your individual services and may be determined at your discretion. However, an automatic gratuity may be added to group packages for your convenience.

#### **Payments and Refunds**

All spa services, packages, and products are non-refundable, nontransferable, and non-exchangeable. We accept cash, checks, all major credit cards, and Oglebay gift cards. For your convenience, you may bill your services to your guest room.

#### **Spa Boutique**

Our signature therapeutic body care line and natural organic skin care line are available for purchase in our spa boutique. All of our products are eco-friendly, paraben free, and made with recyclable packaging. Our spa professionals will share their recommendations upon completion of your treatment.

#### **Gift Cards**

Gift cards are available in any amount. You may purchase them at the Visitor Center, by calling 304-243-4130, or at any Oglebay retail location including The West Spa.



# **Additional Oglebay Experiences**

- Four golf courses including two championship courses. The Arnold Palmer Signature Course is a modern links layout and the perfect complement to our classic Robert Trent Jones, Sr. designed championship course.
- Oglebay also features the 18-hole regulation Crispin Course and a 9-hole Par 3 Course and driving range.
- 54 cottages for groups and larger families including
  8-bedroom premium cottages.
- 30-acre Good Zoo with over 60 species of animals, 20 of which are rare or endangered. The Good Zoo is the only institution in the state of West Virginia accredited by the Association of Zoos & Aquariums (AZA).



- Gardens, stables, swimming, tennis, fishing, pedal boats and miniature golf.
- Mansion Museum, Glass Museum, and Schrader Environmental Education Center.
- Downhill skiing & snowboard area featuring a triple chairlift, snowmaking, rental equipment and instruction.
- Specialty shops include the Farmhouse Sweets & Treats, Carriage House Glass, Nature Express at the Good Zoo, the Speidel Pro Shop, Resort Shop, and West Spa Boutique.
- The Festival of Lights.



### Scan now for more information





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